Introducing Upmo

Upmo is a charity that provides support and opportunity for adults with learning disabilities and autism in Edinburgh and the Lothians.

Our vision is an inclusive world in which adults with learning disabilities and autism receive the respect, protection, support and opportunities they need to develop their potential and play an equal, rewarding and contributing role in society.



Visit: www.upmo.org

Follow: @upmoproject

Scottish Charity Registration No. SC037917

Company Registration No. SC309982

Upmo support and opportunity



At Upmo, we combine tailored support services delivered through a workshop structure that nurtures creativity, grows confidence, progresses skills, builds positive relationships and provides active learning.

Our dedicated team endeavour to support students in reaching their individual goals and ambitions for their future.

At Upmo, students can participate in a variety of learning experiences including:

- Performing Arts
- Visual Art
- Digital & IT
- Outdoor Learning
- Employability (Upmo Retail & Upmo Eat)
 We often engage with external partners to enhance our students' experience at Upmo.





Interested? Find out more about Upmo!

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